

2019 HEALTH AND COMMUNITY RESOURCES FOR MANATEE COUNTY

Manatee Healthcare System Resources

Support Groups and Classes offered at Manatee Memorial Hospital. Online at manateememorial.com

- **A Matter of Balance for Fall Prevention** –Call 941.745.7559 and select option 5
- **Breast Cancer Support Group** - Call 941.708.8330
- **Diabetes Self-Management and Education Classes** – manateememorial.com or 941.708.8100
- **Diabetes Support Group** – call 941.708.8100
- **Healthy Hearts Support Group** –Call 941.708.8100
- **HOPE Stroke Support Group** –Call 941.704.4520
- **MOMM’s Place: Mommy Support Group** - Call 941.745.6925
- **Orthopedic Support Group** – Call 941.708.8100
- **Parkinson’s Education Forum** –Call 941.926.6413 ext. 200
- **Quit Your Way – Smoking Cessation Program** - 941.522.1283
- **Tai Chi for Arthritis and Fall Prevention** – Call 941.745.7559 and select option 5
- **Weight-Loss Option Classes** - Call 941.896.9507
- **Weight-Loss Support Group** – Call 941.708.8055

Prenatal Classes and Support Programs at Manatee Memorial Hospital – Contact: 941.745.6925

- Prepared Childbirth Class
- Your Amazing Newborn Class
- Introduction to Breastfeeding Class
- Keeping Baby Safe Class
- Lowdown on Labor
- Breastfeeding Consultation
- Infant and Mom Support Group
- Gestational diabetes education

Support Groups at Lakewood Ranch Medical Center

Online at lakewoodranchmedicalcenter.com

- **ALS Support Group** – Contact: Patricia Stanco, ALS Association Chapter, 888.257.1717 x110
- **Bereavement Support Group** – Contact: Kim Peterson, Tidewell Hospice, 941.928.8845
- **Breast Cancer Networking Group** - Contact: Bambi Furtado, 941.366.2224 x167
- **Gluten Free Support Group** – Contact: Robert Suarez, 941.351.3086
- **Little Nippers**
- **Postpartum Adjustment Support Group**

Childbirth and Parenting Classes at Lakewood Ranch Medical Center - Call 941.782.2229 or email

LAKEWOODWomenCenterDelivers@lwrmc.com

- Preview Night
- Breastfeeding Classes
- Baby Care Basics
- Infant CPR
- Xtra TLC
- Prepared Childbirth Weekend Crash Course
- HypnoBirth
- Love My Tummy time
- Aromatherapy and Essential Oils During Pregnancy and Labor
- Aromatherapy and Essential Oils for Baby and Me

Low Cost or Sliding Fee Scale Services: Internal Medicine Residency Clinic at Manatee Memorial Hospital – Call 941.708.8199

Manatee County Community Resources

Call 2-1-1: 211 is a free 24/7 confidential helpline that connects you to the help, support and information you are looking for, like: Food & Housing, youth programs, physical & mental health services, job search & training assistance, disaster services.

University of Florida, IFAS Extension – Family Nutrition Program (Contact: Tara Gage – 941.722.4524 x 1856)

Program activities include: Small groups education programs, food preparation demonstrations, distribution of newsletters and fact sheets.

Florida Department of Health in Manatee County – Call 941.748.0747 – 410 6th Ave East Bradenton, FL 34208

- **Clinical and Nutrition Services:** The department of health offers clinical and nutrition services including;
 - Immunizations (for children and adults)
 - Medication Assistance Programs
 - Refugee and Immigration health services
 - School-Based Health Services
 - Women, Infants, and Children (WIC)
 - Teen Express Program
 - Family Planning Services
- **Infection Disease Services**
 - HIV/AIDS Services
 - STD screening
 - Tuberculosis Services

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• **Community Health and Wellness Programs**

- Tobacco Prevention
- Healthiest Weight
- Workplace Wellness
- Florida Healthy Babies

Turning Points: Services offered at Turning Points (701 17th Ave. West) Contact: 941.747.1509

Online at www.TPmanatee.org

- Use of computer to apply for jobs and communicate with family and friends
- Employment assistance
- Help to obtain a Florida ID card
- Assistance with acquiring copies of Birth Certificates
- Mail Services
- Supplemental Nutrition Assistance Program (SNAP) Assistance
- Access to restrooms, telephones, fax
- Hot showers, personal hygiene kits
- Haircuts, clean clothes and shoes
- Laundry services
- Beverages to avoid dehydration
- Transportation assistance
- Emergency assistance for prescriptions, food, short term housing, and needs required for employment such as tools, uniforms, and gas or bus tickets.
- Medical & Dental Clinic
- Veteran Services Program – This program targets men, women and their families that are struggling with issues related to homelessness. Staff is available to provide assistance with employment, housing, child care and transportation.

First Step – Addiction Recovery Programs

- Peer 2 Peer: Recovery Coaching Services – Helping people find strength and support on their journey of recovery. – 941.444.7772

Assistance Housing – Utilities – Disaster Relief

- Catholic Charities – 211 or 941.308.4357
- JFCS of the Suncoast – 941.366.2224 or visit JFCS-Cares.org
- Step Up Suncoast (MCAA) – 941.827.0188 or visit manateecaa.org
- Manatee County Aging Services – 941.749.3030
- Manatee County Public Library System
- Manatee County Redevelopment & Economic Opportunity – 941.749.3029
- Manatee Religious Services – 941.752.4271

- Second Chance Last Opportunity - 941.360.8660
- St. Vincent de Paul at St. Peter and Paul the Apostles Church (2850 75th St. West) – 941.749.1328
- St. Vincent de Paul/ Our Lady Queen of Martyrs – 941.567.4827
- St. Vincent de Paul/St. Joseph Catholic Church - 941.755.4188
- Stillpoint Mission – 941.748.6835
- SWFL Chapter of American Red Cross – 941.379.9300
- The Salvation Army – 941.748.5110

Child Care & Before & After School Programs

- Boys and Girls Clubs (Ages 5-17) – 941.761.2582
- Early Learning Coalition of Manatee County – 941.757.2900
- East Coast Migrant Head Start Project – 941.322.6064
- Head Start MCAA Manatee County/Child Care – 941.750.6667 x7000/7013
- Just for Girls – 941.747.5757
- Manatee YMCA – 941.798.9622 x323
- Myakka City Community Center – 941.322.8114
- Palmetto Youth Center – 941.722.0783
- Tallevast Community Center – 941.355.2337
- The Center of Anna Maria Island – 941.778.1908
- United Community Centers/13th Ave Dream Center – 941.746.7470
- Youth for Christ – 941.747.4608

Clothing – Free or Low Cost

- First Baptist Church of Bradenton – 941.746.2149 (www.fbcbradenton.org)
- Goodwill Thrift Stores
 - 2715 51st Ave East, Bradenton – 941.827.0064
 - 3465 Cortez Rd West, Bradenton – 941.684.0073
 - 5138 Cortez Rd, Bradenton – 941.794.1889
 - 8750 State Rd 70 East, Bradenton – 941.753.7386
 - 1210 10th St. East, Palmetto/Ellenton – 941.723.2824
 - 7501 15th St. East, Sarasota – 941.355.2721
- St. Vincent de Paul Store – 941.746.0622
- Stillpoint Mission – 941.748.6835
- The HOPE Chest Thrift Store – 941.745.2034
- Turning Points Open Door Day Resource Center – 941.747.1509
- Women’s Resource Center – 941.747.6797

Counseling/Support Groups

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- Al-Anon Family Groups (AFG) – 941.749.1750 (www.al-anon12.org)
 - Alcoholics Anonymous (AA) – 941.351.4818 Hotline: 941.951.6810
 - ALSO Youth – 941.951.2576
 - Catholic Charities
 - Immigration Services – 941.747.1467
 - Homebuyer Education – 941.714.7829
 - Counseling – 941.714.7829
 - Centerstone
 - Access Center (24 Hours a day) – 941.782.4617
 - Homeless Outreach – 941.782.4150
 - Mental Health and Addiction Services – 941.782.4150
 - Rape Crisis Hotline (24 hours a day) – 941.708.6059
 - Walk-In Center – 941.782.4150
 - Family Integrity Training – 941.799.4975
 - Family Resources – 941.741.3575
 - SafePlace2B Shelter – 941.708.5850
 - Grandparents/Relative Caregivers as Parents Support Group – 941.713.3795
 - HOPE Family Services, Domestic Violence – 941.747.8499 Hotline: 941.755.6805
 - JFCS of the Suncoast – 941.366.2224
 - Manatee Children’s Services – 941.345.1200
 - Narcotics Anonymous – 941.257.5055
 - Parenting Matters – 941.756.3007
 - Prism Youth Initiative Manatee County – 941.357.0111
 - Tidewell Hospice – 941.782.4900
- Education Information**
- Head Start MCAA Manatee County – 941.750.6667
 - Horizons Academy – 941.714.7470
 - Ami Kids & SABLE, ACCESS, TAPP and Horizons/Life Programs – 941.753.0958
 - Step Up Suncoast – 941.827.2887
 - Manatee County Schools
 - Manatee County School Board/School Support Center – 941.708.8770
 - Evaluation Center – 941.721.2300
 - Office of Student Assignment – 941.708.4971
 - Manatee Literacy Council – 941.746.8197
 - Manatee Technical College (MTC) – 941.751.7900
 - Farmworker Career Development Program – 941.751.7947
 - National Alliance of Mental Illness of Manatee County (NAMI) – Contact: Linda – 941.778.2095
 - PACE Center for Girls – 941.751.4566
 - Parenting Matters – 941.756.3007
 - Project HEART – 941.751.6550 x2348, 2113 or 2293
 - Project Light Adult English Learning Center – 941.745.1659
 - SWFL Chapter of American Red Cross – 941.379.9300
 - Nurse Assistant Training Program – 941.379.9300 x 238
 - Women’s Resource Center of Manatee – 941.747.6797
- Employment Aid**
- CareerSource Suncoast – 941.714.7449
 - EmployFlorida – www.employflorida.com
 - Goodwill Industries/Job Connection – 941.355.3731 x 160
 - JobFocus.com – www.jobfocus.com
 - Vocational Rehabilitation – 941.721.2850
 - Women’s Resource Center of Manatee – 941.747.6797
- Food Assistance**
- 1st United Methodist Palmetto – 941.722.1812
 - Christ Episcopal Church/The Lord’s Pantry – 941.747.3709
 - First Baptist Church of Bradenton – 941.747.2149
 - Food Stamps and Medicaid – 1.866.762.2237
 - Hungers End – 855.777.0259
 - Loaves and Fish (Our Daily Bread Food Pantry) – 941.745.2992
 - Meals on Wheels Plus of Manatee – 941.747.4655
 - Roser Memorial Community Church – 941.778.0414
 - St. George’s Episcopal Church – 941.755.3606
 - Stillpoint Mission – 941.748.6835
 - St. Joseph Church Food Pantry – 941.753.4098
 - The Salvation Army – 941.748.5110
 - Feeding Empty Little Tummies (F.E.L.T.) – 941.896.7870
- Furniture and Household Items**
- Manatee County Habitat for Humanity Restores – 941.355.7082
 - Hope Chest Thrift Store – 941.745.2034
 - St. Vincent de Paul Thrift Store – 941.746.0622
- Health Care Resources**
- CareNet Manasota Pregnancy Center – 941.751.1966

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- Community AIDS Network (CAN) – 941.803.7939
- Division of Blind Services – 941.721.2914
- Family Network on Disabilities – 941.928.0682
- Health Planning Council of Southwest Florida – 866.547.2793 or 941.228.9951
- Healthy Start Coalition of Manatee County – 941.714.7541
- **Low Cost or Sliding Fee Scale Services:**
 - MCR Health Services
 - Bradenton Family Medical Center – 941.753.7843
 - East Manatee Health and Wellness Center – 941.708.8700
 - Edgar H. Price Family and Children Healthcare Ctr. 941.776.4050
 - Lawton Chiles Children and Family Health Center – 941.708.8600
 - Manatee Pediatrics – 941.748.4602
 - Myakka Family Healthcare Center – 941.322.6500
 - North County Healthcare Center – 941.373.7844
 - North Manatee Family Healthcare Center – 941.721.2020
 - North Sarasota Walk-in Clinic – 941.343.5022
 - North Tuttle Family Healthcare – 941.366.0800
 - Palmetto Family Healthcare Center – 941.729.3856
 - River Landings OB/GYN – 941.316.8200
 - Riverside Medical Center – 941.405.1170
 - Riverview Foot and Ankle - 941.741.3338
 - Southeast Family Healthcare Center – 941.751.8100
 - Southwest Healthcare Center – 941.752.7173
 - West Manatee Health Center – 941.714.7150
 - Whole Child Pediatrics – 941.366.2273
- MCAT Handy Bus – 941.747.1739
- Planned Parenthood – 941.567.3800
- We Care Manatee – 941.755.3952

Homeless/Housing Assistance

- Bradenton Housing Authority – 941.748.5568
- JFCS of the Suncoast – 941.366.2224
- Manatee County Habitat for Humanity – 941.748.9100
 - Home Preservation Program – 941.748.9100

- Manatee County Housing Authority – 941.756.3974
- Turning Points/Open Door Day Resource Center – 941.747.1509
- Volunteers of America Florida – 941.209.1573
- Family Resources, SafePlace2B – 941.708.5850
- HOPE Family Services Safe Shelter – 941.755.6805
- SOLVE Maternity Homes – 941.748.0094
- The Salvation Army – Emergency Shelters – 941.748.5110

Legal Information

- Gulf Coast Legal Services – 941.746.6151
- Legal Aid of Manasota Inc. – 941.747.1628
- Manatee County Child Support Program – 850.488.5437
- Victim Advocate/Sheriff's Office – 941.747.3011 x8400
- Violence Protection Program – 941.741.4024

Other Services / Programs

- Braille and Talking Book Library – 800.266.6075
- Driver's Licenses and State IDs – 941.741.4800
- Florida Abuse Hotline – 800.962.2873
- Healthy Families – 941.827.0188
- Learn to Fish Recovery Center for Women – 941.755.3900
- Manatee County Area Transit Bus Info – 941.749.7116
- Social Security Administration – 800.772.1213
- The Salvation Army Christmas Assistance Program Adopt-A-Family – 941.748.5110
- Violence Protection Program – 941.741.4024
- Whole Child Manatee – 941.749.3059

Counseling/Support Groups

- Suncoast Behavioral Health – www.suncoastbhc.com

The information included is believed to be correct at the time of production, February 2019. This list has been provided as a community courtesy by the Manatee Healthcare System. For additions or deletions please contact Philip Reber at Manatee Memorial Hospital 941-745-7985 or philip.reber@mmhhs.com



Manatee Healthcare System

Manatee Memorial Hospital

Manatee Diagnostic Center

Lakewood Ranch Medical Center

Manatee Physician Alliance